Knocking Down Four Common Reasons for Dodging the Flu Vaccine

**THE MULTITASKER**

“*I’m way too busy to get the flu vaccine.*

Vaccinations are available at many convenient locations. Contact your health care provider or visit vaccinedefender.org to find one near you.

**THE INVINCIBLE**

“*I’m healthy, I won’t get the flu.*

Anyone can get the flu, and the best way to avoid it is to get vaccinated.

**THE SKEPTIC**

“*I’m not sure the flu vaccine really works.*

The flu vaccine has been shown to reduce cases of flu-related hospitalizations and death.

**THE WORRYWART**

“A small percentage of people can experience mild side effects.

The flu vaccine doesn’t cause the flu.

The flu vaccine protects you if you’re unfortunately exposed to the flu virus. It’s part of a multimodal approach such as wearing masks which is also important that you get vaccinated.

Why worry about getting the flu?

Get vaccinated instead.

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Don’t Be a Shot Dodger.

Join Me=AFluJoseter dodging instead by getting you and your family vaccinated.

For more information, visit flu.gov.